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PHOTO CREDIT TO: CHARLOTTE FRON



NWDC RESISTANCE PRESS CONFERENCE

By Isaac Sims-Foster

Located less than five miles from the University's campus, the Northwest Detention Center (NWDC) is one of the largest private immigration prisons in the U.S., currently holding 1,575 detainees. These people wait under the threat of deportation by the U.S. Immigration and Customs Enforcement (ICE) while the prison itself is privately owned and operated by GEO Group, a multinational private corrections corporation that has worked with ICE to keep the NWDC open for 13 years.

The Advocates for Detained Voices (ADV), an on-campus club, was founded with the intention of supporting "those affected by deportation and detention and to actively resist this inhumane system," according to its website. This club works closely with the Northwest Detention Center Resistance, a grassroots organization created by immigrants for immigrants, to make the conditions of those detained more visible, and eventually to bring about the decommissioning of the NWDC itself.

On March 28, ADV, along with the history and anthropology departments, hosted a press conference with Maru Mora-Villalpando, the leader of the NWDC Resistance and outspoken immigrant rights activist. The conference was called "Defend the Defender: You Can't Deport

a Movement." Villalpando herself has been contacted by ICE as of last December and is currently at risk of deportation, with her next court date on May 22. Nic Rothbacher '18, a member of ADV, moderated the conference. A reporter representing KIRO News asked a series of comprehensive questions that Villalpando answered passionately.

"Looking back on your time in the country, prior to this contact with Immigration, have you before had to defend your legal status in the United States?" he asked.

Villalpando responded, "I have never had any encounter with ICE that somehow would begin a deportation proceeding. I have never had an encounter with police that would trigger a deportation proceeding. I have met with ICE in the past, in a couple of meetings that either I organized myself, in regards to deportation rates in the Seattle area, or during the time of the largest hunger strike back in March of 2014, when we attended a meeting that ICE organized. But there has never been any circumstance that could lead to a deportation proceeding against me."

When asked what led to this change in attitude, Villalpando responded, "Well it's clear that it's a political move on behalf of the Trump administration. I have to remind everybody that during the election in 2016, ICE and Border Patrol did what they never

had done before, which is they chose to endorse Trump's campaign. They have never shown political inclination until the Trump campaign, so that to me makes it really clear that they agree with the xenophobic and racist agenda of the current administration." She went on to cite multiple examples of other immigrant activists being detained and threatened with deportation despite no prior offenses throughout 2017 and 2018.

When asked if she believes ICE is targeting activists, Villalpando continued, "Absolutely. I think that ICE was built on the premise that people should be afraid of immigrants. They did not exist 15 years ago. They came into existence making us believe that people should be afraid of people that look like me. They were really successful, and in this new administration, they're going against any political dissent — we're just an easy target because of the lack of documentation or because some people have some sort of record that could make them deportable regardless of having documents. My case is just one clear example that the administration is using ICE not only as enforcement of the immigration laws but also as a tool of political oppression," Villalpando said.

The counterpoint that Villalpando has overstayed her visa and thus is being threatened by ICE in a just and legal

manner was mentioned, and Villalpando had this to say: "Well it's clear if you read the I-213 form that Timothy Black, the officer with ICE, excusing why I should be placed in the deportation proceedings. What they're really arguing is that I'm an anti-ICE protestor, I'm a pro-Latino worker and that I spoke to media. So any of those things tell you that there's no real legality on their side; they're using legality as an excuse. This is not really about legality, this is about politics. If they really wanted me removed from the country, why didn't they do it back in 2014 when I met with them, at the same building where I went for my court hearing? They had the judge right there. And they have the chance every time we do our actions outside the detention center. So it's really clear with the I-213 form that ICE is using a political motivation to begin a deportation proceeding against me, to scare off our community."

The conference contained voices from other members of the Resistance, as well as ADV and other students on campus asking questions and engaging with these activists, even though Villalpando's case was the center of the event. ADV continues to fight for the detainees in the NWDC and work with Villalpando to elevate their voices.

Creator Elisha Miranda brought to campus to discuss intersectionality in film

By Lorraine Kelly

The “But Some of Us Are Brave” lecture series, sponsored by the African American studies and the Hispanic studies departments at the University of Puget Sound, brought Elisha Miranda, a multifaceted creator, to campus to share her words of wisdom on matters of intersectionality and film.

Miranda is a filmmaker, writer and professor at Eastern Washington University. A graduate of the University of California, Berkeley, Columbia University and Massachusetts Institute of Technology, Miranda is a proud bisexual Latina woman. Miranda has won multiple awards for her filmmaking and writing, including the Hollywood Film Festival and Lo Mejor de Nuestra Comunidad Award. Her feature film “Outside the Wall” was shown at the Tribeca Film Festival and was a Sundance Film Institute finalist.

Miranda is also the cofounder of Chica Luna Productions. The program is operated out of the Massachusetts Institute of Technology and strives to promote women in color in the film industry.

Miranda was raised in the Mission District of San Francisco, California. The area was a thriving Chicano (individuals of Mexican descent) community throughout the late 20th century. In describing her lineage, tears came to Miranda’s eyes as she stated, “I am the daughter of four generations of Puerto Rican women.” Miranda described herself as “Chicarican,” a fusion of her cultural upbringing as Puerto Rican in a Chicano area.

According to Miranda, she is the product of many “hybrid cultures.” A bisexual, Latina, first-generation college graduate and former cult member (as she describes her experience as a Jehovah’s Witness), Miranda’s identity and experiences are unique.

Entering college at the University of California, Berkeley, she originally began with a major in chemical engineering. Throughout her college career, Miranda organized a variety of intersectional activism groups, including a spoken-word creative space called “Smell This.” Miranda ended up with a double major in English and Ethics.

Miranda applied to film school at Columbia in New York City, New York, without ever taking a film class. She was accepted and began to learn the art of film. Prior to college, Miranda said, “I never thought I could be a creator.” Miranda’s educational experience transformed her into what she describes as an “Ivy-League homegirl.” Miranda rattled off a long list of inspirations, all women of color and activists: Julie Dash, Audre Lorde, Gloria Anzaldua, Iris Morales, Antonia Pentoja, Angela Davis, Mira Nair and many more.

The “Ivy League homegirl” is currently

working on several projects, including a TV series called “Sangria Street.” The show features four young Latina sorority sisters navigating through college. When asked what separates her film techniques from the mainstream, Miranda noted that her characters are created to be diverse and representative of a variety of cultures and ethnicities not present

within the contemporary film canon. She said we must “shift the lens” and cultivate representation within film and television. Miranda is also working on a web series titled “Go Girl Chronicles,” which features a Latina superheroine.

Throughout the lecture, Miranda made one thing clear: young people hold power to start revolutions. “Every social

movement has been led by young people,” Miranda said. Following the actions of young adults through the Parkland gun control movement, the Black Lives Matter movement, LGBTQ+ rights protests and many more, young adults are leading the way to social change.



PHOTO COURTESY OF ELISHAMIRANDA.COM

Correction

In the Features section of *The Trail*’s March 30 issue, the article on Professor Dexter Gordon’s Regester Lecture stated that Professor Nancy Bristow introduced Gordon to the audience. This is incorrect. Rather, Professor Derek Buescher introduced Gordon using quotes from several individuals, including Bristow. We apologize for this misprint.

SECURITY UPDATES

This is an ASUPS Media Publication

The following is a summary of incidents reported to Security Services occurring on-campus between March 27, 2018 and April 2, 2018:

Security staff responded to a report of two individuals arguing near N.13th and Lawrence Streets. The argument, which escalated to pushing and shoving, was

between a male and a female not related to campus. TPD responded and the male subject was arrested.

Security staff responded to two separate marijuana violations in a residence hall. In both cases individuals appeared to be smoking marijuana in their rooms, which in turn activated the building fire alarm.

Crime Prevention

Crime prevention is a community responsibility. Please do your part to keep the campus safe. Security staff work 24/7 and are available to assist you. Always report suspicious activity immediately to Security Services (253.879.3311). Be mindful of your safety and security by

using our 24-hour safety escort program and by keeping belongings secured.

The use of a U-bolt style lock to secure bicycles is highly recommended. Do not leave valuables in your vehicle. Contact a member of our team if you have questions or concerns about campus safety. We are here to serve you.

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The Trail is an independent, student-run organization funded by ASUPS. The Trail seeks to produce a credible weekly newspaper that serves as a comprehensive source of information relevant to its readership. The Trail acts as an archival record for the university, serves as a link between University of Puget Sound and the greater Tacoma community and provides an open forum for student opinion and discourse.

Visit trail.pugetsound.edu for the full mission statement.

130th annual ‘Logger Day’ raises \$75,000 for University

By Ayden Bolin

Logger Day is a celebration of the history of the University of Puget Sound, and this year marked the 130th anniversary of the institution. Tuesday, March 20 was the “Logger Day Challenge,” which included a donation drive in the Rotunda, as well as a senior class happy hour. Donations were contributed to the Puget Sound Fund, which provides a consistent source of funding to support students, faculty, staff, and all other areas of campus, according to Emily Holloway, the assistant director for the Office of Annual Giving.

Logger Day raised close to \$75,000 due to generosity of campus community members and matched donations from President Isiaah Crawford. According to Holloway, 88 current students donated to the Puget Sound Fund on Logger Day. Combined with alumni, parents and friends, there were 606 Logger Day Challenge donors.

“The Office of Annual Giving, in collaboration with the Office of Communications, had the pleasure of coordinating the Logger Day Challenge. The event was a great success this year and Loggers from around the world shared their Puget Sound stories. The primary goal for next year, aside from increasing the donors and dollars raised on the day, is to have a greater campus presence: engaging students in sharing their stories and what Puget Sound means to them, having faculty and staff share the things they do in class or because they work on campus, and educating the community about the impact of gifts made to the Puget Sound Fund,” Holloway said.

In celebration of the 130th anniversary of the founding of the University, *The Trail* decided to dig into the archives and provide some history of the institution.

The University of Puget Sound was first formed by the Methodist Episcopal church in 1888 after Bishop Charles H. Fowler declared that a university should be built in the Northwest to rival schools in the Midwest and East Coast. In the beginning, Port Townsend, WA made a large bid for the budding institution, but later failed the terms of their own

pledge. Tacoma, WA, made a sizeable bid as well, and ultimately became home to the university.

The first campus was built between South I and J streets, and 21st and 23rd streets. The beginnings were quite tumultuous; as soon as 1891, the school was leasing the campus and buildings to the Tacoma school board due to deficit spending. Indeed, this was a turbulent time for the budding Union of the United States as well; Washington had only gained statehood in 1889. In addition, the Gilded Age was coming to an end, as industrialization and westward expansion were giving way to a spattering of post-civil war issues and economic trouble. A second campus for the University of Puget Sound would be built on the corner of 6th and Sprague.

The current campus for the University of Puget Sound was built on the corner of 15th Street North Warner Street and began with the construction of Jones Hall in 1923. This was a needed upgrade from its former location at 6th and Sprague. That campus was sold to Tacoma Public Schools for \$48,000 and in its place, Jason Lee Junior High School was constructed.

In the years following, the University of Puget Sound would undergo many changes that would lead to lasting traditions such as Logger Day. One other tradition was the passing of the axe. This event led to an incident where during the passing from senior to junior, a rowdy sophomore rushed up on the stage of the now Norton-Clapp theater to steal the axe, causing the receiving junior to jump out of a window and break their leg. Much later, the axe-passing tradition would be banned by the Associated Students of the University of Puget Sound, which called the event too dangerous for the student body.

Hopefully, as the Logger Day Challenge continues forward, it will garner even more community support and further donations to continue funding the legacy of education, collaboration and higher learning.




Photo pictures “The Loggers’ hatchet” in 1983. Retrieved from University of Puget Sound Archives

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FOMO and your phone: How shutting down can help you open up

By Jackie Sedley

While college brings about a series of expected stressors — academics, social obligations and pressures to figure out one's future — a phenomenon known as "Fear of Missing Out" has become a leading source of anxiety over the past decade or so. A dependency on social media only exacerbates the problem.

More commonly referred to as FOMO, the term was officially defined by the Oxford English Dictionary in 2013 as "anxiety that an exciting or interesting event may currently be happening elsewhere, often aroused by posts seen on social media." FOMO is often instigated by social media, peer pressures and the sudden exposure to freedom brought about by college living.

Directly regarding college students, FOMO is often characterized by a hesitancy to spend time alone and likewise causes a student to overload themselves and neglect self-care.

Social media is known to spark these anxieties, as platform users tend to present exaggerated images of themselves that promote only the positive, socially-guided aspects of their lives. As a result, these representations become markers of experience that lead students to fall victim to the art of comparison and to question and berate themselves for not thriving as much as their peers seem to be.

Robert Lewis, a media psychologist at Stan Richards School of Advertising, explained in an article in The Daily Texan that replication of this supposed "best self," as curated by social media, is ultimately unachievable due to its illegitimacy.

"[Users are] sharing good news and keeping bad news private," Lewis said. "You compare yourself and there's no way possible for any individual human being to have all the experiences that they see whenever they're using social media."

According to Texas A&M Health Science Center College of Medicine assistant professor Darlene McLaughlin, FOMO's immense power over those afflicted stems from individuals' tendencies to look outward instead of inward.

"When you're so tuned in to the 'other,' or the 'better' (in your mind), you lose your authentic sense of self. This constant fear of missing out means you are not participating as a real person in your own world."

With all of this in mind, a definitive cure or solution to

FOMO seems impossible to implement in the current age of technology.

However, there are certain practices that college students, and others who have fallen under the spell of FOMO, can incorporate into their daily lives to combat these intense feelings of fear and social anxiety.

Despite the stigma around mindfulness practices as ineffective "hippie dribble," daily practices of gratitude and self-reflection are extremely effective in re-shaping one's mindset.

The Journal of Happiness Studies published a 2010 article explaining the corrective effects of gratitude on the brain. When replacing materialism, gratitude causes a person to instill more value onto the cherished people and memories they already have in their life, thus decreasing feelings of envy and increasing feelings of happiness and satisfaction.

Additionally, disengaging social media can cause FOMO's effects to alleviate as well. This is not to say that someone must unplug from their Facebook or Instagram feeds altogether, but rather to fight against the impulses to check their notifications every minute of every day.

Wasting less time and energy being fixated on fears of missing out and on social media in general allows students to direct their attention elsewhere, providing more time for students to focus on their studies. This can lead to less stress directly related to their education.

While the University of Puget Sound's student body works to host a multitude of events and activities to accommodate the diverse talents and interests within the campus, students can very easily overcommit themselves to a surplus of obligations. While these may seem progressive in nature and lead to potential success in their college careers, students often unintentionally overburden themselves and experience a loss of stability.

In the busy life of a college student, the luxury of free time is a rarity to begin with. So, when the opportunity to take a step back and take on some much-needed and deserved me time does present itself, try to embrace it and take in reality. The real world has a lot to offer, and the possibilities of achievement and happiness are virtually endless when one stops chasing after impossible standards set in place by virtual realities.

Organizations to help you get engaged, burst the bubble

By Sarah Buchlaw

Apathy infects college campuses like ours, but it's possible to build immunity. It is crucial to care about the world surrounding this insulated campus, and a great way to do that is by getting involved in civic-minded organizations in the area. If you're like me, lack of funds is your go-to excuse for being uninvolved in community work, but the truth is that there are several non-financial ways to contribute to organizations you care about. I've compiled a list of local organizations whose work you can support and take part in at no personal financial cost. I've chosen these particular organizations because their work demonstrates true "democratic citizenship," one of the values mentioned in our University's mission statement.

The Northwest Detention Center Resistance/Resistencia al Northwest Detention Center is a grassroots organization that follows the leadership of organizers inside the local Northwest Detention Center (NWDC). Located less than five miles from this campus, the Northwest Detention Center is one of the largest private immigration prisons in the nation, detaining nearly 1,600 people. The NWDC Resistance works with those being detained to protest the private company GEO group, which makes billions off of the Detention Center and others like it, and to dismantle this country's immigration-detention system.

Get involved by attending a Solidarity Day at the NWDC; joining the Resistance's pen pal program, which connects you with somebody inside the NWDC; or by connecting with Advocates for Detained Voices (ADV), the Puget Sound club that works closely with the Resistance.

Citizens for a Healthy Bay is an organization dedicated to the protection and preservation of the Commencement Bay of Puget Sound. What I appreciate most about Citizens for a Healthy Bay is that unlike many environmentalist organizations, their work is intersectional. Their website states the organization's commitment to "challenging the systems of privilege and power that degrade the natural environment and disproportionately burden vulnerable communities." Citizens for a Healthy Bay specifically acknowledges "the inequitable distribution of environmental burdens and benefits" and stresses the importance of partnering "with communities disproportionately impacted by pollution." When asked why Puget Sound students should care about this work, representatives for Citizens for a Healthy Bay said:

PHOTO COURTESY OF CITIZENS FOR A HEALTHY BAY



Orca whales swimming together in the Puget Sound, captured by Citizens for a Healthy Bay

"Advancing environmental protections is uniquely challenging at this moment in time, but it's exciting to do so in Tacoma right now ... it's important to remember that our community's fate is not determined by Washington D.C.; as long as we push our core beliefs of government transparency, empowering the public and making advances at the local level, Tacoma will continue to progress towards a healthier, cleaner future."

Get involved by volunteering to help mark storm drains with Citizens on May 20, or simply signing up to get volunteer notices for year-round restoration events. Citizens representatives reminded Puget Sound students that they "frequently look to hire student interns," so don't be afraid to reach out. "Advancing environmental protections is uniquely challenging at this moment in time, but it's exciting to do so in Tacoma right now. ... As long as we push our core beliefs of government transparency, empowering the public and making advances at the local level, Tacoma will continue to progress towards a healthier, cleaner future."

The People's Assembly works to fight "anti-Black state violence and social injustice ... by means of creative resistance and shared learning and leadership," according to their website. The People's Assembly hosts everything from housing justice rallies to community education workshops, to protests at city council meetings, to open mic events. With core values of antiracism, black liberation, social justice, intersectionality, and queer and trans positivity, the People's Assembly does vital work in the Tacoma community. Get involved by sitting in on a meeting of the Assembly's Youth Voice Team every fourth Monday at 6 p.m.; helping to distribute food through the Assembly's homelessness outreach efforts; or applying to be part of the Youth Voice Team if you're a young person of color. Over email, the organization said, "It is imperative now as it has been for centuries, that all of us engage in undoing racism and oppression in our communities. ... In all that we do, relationships are our greatest source of power and we are looking for more people to join us in the long and hard fight for social justice for all."

Front and Centered: Communities of Color for Climate Justice is a statewide coalition that believes "climate and environmental change can only be addressed when equity for the communities first and worst affected are at the center of the solutions," according to their website. Front and Centered works "to create jobs and improve the health of frontline communities in the transition to just, clean economy" through "partnership building and collaboration; policy research, writing and advocacy; grassroots and voter education and mobilization; and development; and communications and storytelling."

Questioning injustice of all kinds within and beyond the classroom is a crucial part of scholarship. It is my hope that this brief list of community organizations reminds students of our responsibility to be critical, engaged members of the Tacoma community, and moves them to act on that responsibility.

The Happy Trail is The Trail's weekly sex column that seeks to inform the community on issues related to sexuality and gender by addressing these topics in an education-based way. Our mission is to make the campus a safer place by normalizing and demystifying topics like safer sex practices, sexualities, kinks and polyamory, while shedding light on topics like trans rights, sexual and domestic violence, gender inequalities and intersectionality. Happy Trail correspondents are not medical professionals; if you have a medical concern contact CHWS or a local clinic. Otherwise, direct your sexuality and gender questions to nalee@pugetsound.edu. Respond to Happy Trail articles in the form of a letter to the editor sent to trail@pugetsound.edu.

Stormy Daniels on ‘60 Minutes’: ‘He knows I’m telling the truth’

By Emma Holmes

Recently, the CBS news show “60 Minutes” featured Anderson Cooper interviewing Stormy Daniels about her alleged affair with President Donald Trump and the subsequent cover-up. In the interview, Cooper posed a series of up-front questions about Daniels’ encounters with the president and the ways she chose or was pressured to sell or conceal information. Finally, Cooper explored the ways the affair, and more prominently the potential cover-up, have influenced the current political climate.

The 27-minute segment opened with Daniels facing Cooper, who immediately asked why she is choosing to speak with him, since the president’s attorneys are threatening to sue her for \$1 million every time she breaks the non-disclosure agreement (NDA) she signed 11 days before the 2016 election. The NDA came with a \$130,000 payment, much lower than other offers Daniels received to sell her story once Trump won the Republican nomination.

Daniels stated that she signed the agreement for several reasons. In the interview with Cooper she stated, “I didn’t wanna kiss and tell and be labeled all the things that I’m being labeled now. I didn’t wanna take away from the legitimate and legal, I’d like to point out, career that I’ve worked very hard to establish. And most importantly, I did not want my family and my child exposed to all the things that she’s being exposed to right now,” Daniels said.

In addition to legal and moral motivations, Daniels claims to have been physically threatened in May of 2011, shortly after Trump’s attorney, Michael Cohen, became aware that she was selling her story to a magazine.

Her story chronicled a handful of short meetings with Trump, the first of which she reports was a sexual encounter. The

following meetings, she stated, were arranged under the pretense that she was a potential contestant on “Celebrity Apprentice,” Trump’s popular TV game show. Daniels said Trump told her she was “special,” saying, “You’re smart and they won’t know what to expect.”

Unsure whether the offer was legitimate or not, Daniels continued to correspond with Trump, meeting him again at his bungalow in Beverly Hills a year later. This time, however, Daniels says Trump neglected the business details he promised for their rendezvous and instead made her watch several hours of “Shark Week.” She ignored his sexual advances and agreed to speak with him the following week to confirm or deny her place on “Celebrity Apprentice,” then left abruptly.

In May 2011, when Daniels decided to sell this information to a sister publication of “In Touch” for \$15,000, she says she was approached and threatened to abandon the deal. While with her infant daughter in a Las Vegas fitness club parking lot, Daniels says a man came up behind her, saying, “Leave Trump alone. Forget the story.” He reportedly went on to mention her child, saying, “That’s a beautiful little girl. It’d be a shame in something happened to her mom.”

Daniels interpreted this interaction as a direct threat, and neither received payment for or went public with her story. Instead, she says, she kept it to herself, denying any offers to make adult film versions of the encounters, which would likely have been hugely

profitable for her. Instead, when Trump’s campaign dragged their affair into the spotlight in 2016, she took the comparatively low monetary offer from Trump’s legal team and signed a restrictive non-disclosure agreement.

When the Wall Street Journal broke the story, 15 months later, Daniels said she did not speak with them, and signed a formal denial statement. Cooper asked Daniels, “If it was untruthful, why did you sign it?”

Daniels responded, “Because they made it sound like I had no choice.”

Fearing legal and potentially physical repercussions for coming out with her story, Daniels continued to deny any sexual involvement with Trump. On Feb. 14, 2018, a month after the Wall Street Journal published its story, Cohen released a statement confirming a payment to Daniels, yet denied that the payoff legitimized the affair. Instead, he told CNN, “Just because something isn’t true doesn’t mean that it can’t cause you harm or damage. I will always protect Mr. Trump.”

Now, as Daniels details her side of the story and proceeds with a lawsuit to invalidate her NDA, this story is far from over. More questionable than Trump’s infidelity are the tactics reportedly used to silence Daniels, which could implicate Trump, Cohen and their affiliates with violating campaign donation laws and cast suspicion on other illegal activities. The special investigation lead by Robert Mueller to investigate collusion

may be particularly interested in this case, since uncovering illicit activity could pressure Cohen into revealing details about his role in a Trump-affiliated project in Moscow during the fall of 2015, when Trump was actively running for nomination.

Daniels’ willingness to break her NDA and speak publicly is made riskier by her career as an adult film star, which many conservative critics have pointed to as a reason to discount her story. On the other hand, Daniels’ account has been incorrectly swept up by the #MeToo movement, a phenomena she was particularly careful to mention. “I was not a victim. I’ve never said I was a victim. I think trying to use Me Too to further someone else’s agenda does horrible damage to people who are true victims.”

Daniels’ careful attention to her single objective, setting the record straight, represents a brave public display of self-advocacy. Not only has she legally and morally challenged the President of the United States, but she’s done so transparently, speaking proudly about her career in sex work and honestly about private sexual encounters. Daniels, then, has willingly subjected herself to the double-edged sword of slut-shaming and hypersexualization in the hopes that communicating her story calmly and clearly will dull the blade, and perhaps even turn it toward Trump. This interview, particularly, will be a powerful tool for Daniels, since she presented refreshingly concise answers to difficult questions, challenging the president to do the same.

As the interview with Daniels concluded, Cooper asked her what she’d like to say to the president watching the interview. Daniels confidently responded, “He knows I’m telling the truth.”



PHOTO COURTESY OF WIKIMEDIA COMMONS

Celebrating teenage girls as activists in Parkland and beyond

By Ellen Finn

When I first saw Emma Gonzalez’s speech protesting the Parkland shooting, I was moved to tears. As a queer woman, I was thrilled, touched and inspired to see the now-famous bisexual teenager leading such an important fight against gun violence. I know that she is just one example of the thousands of young LGBT people with something important to say and the gumption to make real progress.

The more research I did about the March for Our Lives movement, the more I realized that while these young people are amazing and should be given recognition for their bravery and strength, they are certainly not the first teenagers in recent years to stage a nation-wide protest.

I’m talking about Black Lives Matter (BLM) activists.

Many of the activists in Parkland are being applauded and interviewed by every major news corporation in the country. I appreciate the coverage of their work, but I want to see more. I know that González and her classmates are not the only outspoken teenage activists in recent years. I want to amplify the voices of some others, especially the teenage Black Lives Matter activists and other anti-violence activists that spoke up but were not given as big of a stage.

The more mainstream media talks about the Parkland teenagers while glossing over much of the work that young Black Lives Matter activists have done, the more they are showing their bias. For example, a huge number of Ferguson protesters were high school students. They were protesting a very similar issue: unlawful violence and the murder of children. However, they weren’t appearing on the cover of Time magazine, being interviewed with Anderson Cooper on “60 Minutes,” or being hailed as heroes by countless politicians and celebrities. They were being arrested and tear-gassed.

If you’ve seen the March for Our Lives as meaningful and important but still see the Ferguson and other Black Lives Matter protests as violent riots, you should consider asking yourself

why you feel that way.

Both movements involved a large number of teenagers protesting gun violence against them. Teens involved in March for Our Lives grew up exposed to BLM protests. The knowledge that they could wield power as young people no doubt came in part from the example that teens who participated in BLM protests led.

In order to celebrate some of the remarkable young activist women, I’ve listed just a few of the many who have made an impact with their words and organizing through Black Lives Matter, Parkland and beyond.

Edna Chavez is a 17-year-old from Los Angeles who went to Washington D.C. to help lead the March for Our Lives last month. She stressed that gun violence in not only an issue in mass shootings in schools, but in communities like hers. She explained, “I learned how to duck from bullets before I learned how to read.” She spoke about the anxiety and trauma she and many other black and brown students face every day after the loss of loved ones due to gun violence in their neighborhoods.

Nza-Ari Khepra was 16 years old in 2013 when she co-launched Project Orange Tree, a gun violence prevention organization in Chicago following her close friend’s death due to gun violence. She still works with the group to share knowledge with their community in Chicago about gun violence, especially by wearing the color orange to “spread unity amongst all races, ages, genders, and economic statuses, while providing awareness about structural violence, ultimately creating a central mindset: Peace on earth,” according to their website. As shared with an interview in the online publication The Trace on March 14, she stands with the March for our Lives protesters and advises them to keep educating themselves and using patience as a tool to get what they want.

Johnetta Elzie is one of the leaders in the activist group We the Protesters and edits This is the Moment, a protest newsletter in Ferguson, Missouri. She began engaging in public activism

when Michael Brown was murdered by police just blocks from where she grew up. She used Twitter as a tool to tell her community and in turn the world what was going on. She soon became involved in protests and continues to be a community organizer and journalist to this day.

In 2015, Eva Lewis, then a junior in high school, founded the I Project, an organization that “humanizes youth affected by intersectionality from an activism through arts approach,” according to the I Project website. She also co-founded Youth for Black Lives, a Chicago-based activism organization for racial justice. In the summer of 2017 she organized two Black Lives Matter protests, including a sit-in for youth to protest police brutality. She has written about her activism in Teen Vogue, given a TED Talk about her work, and is active in the Chicago spoken-word community, where she uses poetry as a form of artistic expression and a means of enacting social change.



PHOTO CREDIT TO DAYZ TERRY

Habitat for Humanity club to build tiny house on campus

By Hadley Polinsky

Building a house can seem like a daunting task, but it is something that Habitat for Humanity often does for those who cannot afford to. The on-campus Habitat for Humanity club works with the larger organization to build houses.

Habitat for Humanity's goal is to eliminate homelessness, according to their website. To do this, the organization coordinates volunteers to build houses, mostly for low-income families and homeless people. Not only does this help the community, but it brings people on campus and in the community together. "It's a lot of fun. It's not a skill set you think you're going to learn when you go off to college, how to build a house," mathematics and computer science professor Allison Paradise, faculty advisor for Habitat, said, "But you're also involved in the community

and making a difference in the community."

Even though the club doesn't typically build tiny houses, they decided to try it this weekend on April 7 and 8 in the parking lot behind the Yellow House. "Our club does build off-campus where we build full-size houses, but we wanted to do a tiny house to raise more awareness of housing issues that are not only in other places, but are very relevant to here," sophomore Leo Rain, the president of the University of Puget Sound's Habitat for Humanity chapter, said.

Since fall, the club has been thinking about building a tiny house. In Seattle there are several tiny house villages, settlements of tiny houses that serve as transitional homes for homeless people. "The tiny house villages, the way they are designed, there's usually a kind of central spot where

there's a kitchen, laundry facilities and bathroom facilities. This is kind of like their little apartment," Paradise said. "I think the whole goal of all those programs is to create a space where the homeless people can find a path out of that homeless situation." Puget Sound's Habitat for Humanity club wanted to contribute to this cause.

Once the tiny house is built, it will probably go to one of the tiny house villages in Seattle. "My initial plan, my hope, my dream, is that we find a location here in Tacoma," Paradise said. Paradise has been in contact with people to find a spot here in Tacoma for the house, but it is more likely that the house will be sent to join an existing village in Seattle.

Paradise heard about the tiny house villages and presented the idea to the club. "Initially, I heard about this from a friend of mine

who actually built one on his own. I thought this sounded like a great thing just to do on campus so I brought it to the campus chapter and they were really excited," Paradise said.

Habitat for Humanity decided on a tiny house due to the villages in Seattle that serve as a model for eliminating homelessness. "Most homeless people live in a tent or under a tarp. The tiny house gives them solid walls, a solid floor and it's insulated. It gives them a door that they can actually lock," Paradise said. "It gives them more dignity."

Rain agrees with Paradise's sentiment: "It's cheaper to build and to have so you can build lots of them quickly. It's good for transitional housing for people," Rain said. "So you can build a community and bring lots of people together, and that also maybe helps them transition by not only giving them somewhere that's more affordable to live but interacting with others and getting into society."

A lot goes into the planning before a build, but it hasn't been too hard for Habitat for Humanity. "The biggest issue is the money, the cost of the materials," Rain said. "We fundraised for some of it through bake sales. We got a lot of funding from the Expressions Fund. We got \$3,000 I think from

that, which was a really big help."

Puget Sound's Habitat for Humanity got plans and a list of all the materials for the tiny house from a chapter in Seattle. Once they had plans and materials dealt with, they just had to figure out the logistics of the build. "We've just been having weekly meetings and each week we've been talking about the aspects of the build," Rain said. One such aspect was who would help build the tiny house. "We sent out emails to all the groups on campus we could think of seeking people to commit to a two-hour shift," Paradise said.

Rain hopes that building the tiny house can become a typical build for the club. "It would be great if next year we have two tiny houses, and the next year three, and have a tiny house weekend where five different groups built a tiny house and then we give them to these communities," Rain said.

To get involved with this build on April 7 and 8, or with the club in general, email them at habitat@pugetsound.edu. "We still need people to fill in empty spaces and we'd love to have people come, even if they don't work," Rain said. "If they come by they can at least take some pictures or tell their friends about it and we can talk about the issue of housing in Tacoma."

Clothesline Project inspires awareness, conversation about sexual violence

By Julia Schiff



PHOTO CREDIT TO MOLLY WAMPLER

A few shirts from the Clothesline Project are currently on display outside CHWS on the second floor of the S.U.B.

Since 1993, the University of Puget Sound has participated in the Clothesline Project. The project's purpose is to demonstrate the power and resilience of survivors of sexual assault. This project has been a grassroots effort to publicize the issue of sexual violence. As a part of National Sexual Assault Awareness Month, the University of Puget Sound will continue this project, but also plans to expand the conversation through lectures and educational workshops. This April will be marked with a number of events promoting sexual assault awareness: numerous projects, talks and events will be hosted on and off campus in order to engage the community in conversations about sexual assault.

The Trail met with Marta Cady, Associate Dean of Students and the director of new student orientation. Cady is also responsible for directing Bystander Revolution Against Violence (BRAVe). According to the University of Puget Sound's website, this department works to prevent sexual assault on campus and to educate students and faculty on sexual assault-related issues. Cady is responsible for coordinating many of the events and projects happening this April.

The Clothesline Project, which will be featured in various locations around campus starting in April, is meant to be a tool for raising awareness on this issue. The project is meant to give victims of sexual violence

about violence. Assault and violence are often ignored, and "this project is a way of seeing it," Cady said. The project gives people a platform to tell their stories while also giving communities a way to listen and understand stories respectfully.

T-shirt-making is open to members of the campus community only. It will take place in the basement conference room of the Student Development Center, the brown house across the street from Security Services. The conference room is open for this project on April 2, 9 and 11, opening at 8 a.m. and closing at 6 p.m. each day. The room is a quiet and secluded spot where members of the campus community can make their shirts. Various signs around the

a safe and respectful place to tell their stories. Individuals are invited to decorate t-shirts that communicate the sexual violence they have experienced. Writing on the shirts was designed to be a cathartic experience, much like airing dirty laundry. The project is displayed publicly, which forces communities to understand the pervasive issue of sexual violence.

"I want to end sexual assault on campus," Cady said, when discussing her long-term goals about sexual assault and violence. She believes that the Clothesline Project is an essential step to ending this violence, as it has the power to inspire productive conversations

room explain that different colored shirts represent different forms of violence. The shirts will be hung around campus, moving to different points of visibility, and will be accompanied by a trigger warning as some may have graphic content.

Aside from the Clothesline Project, there will be various other events happening on campus throughout April. On April 10, Puget Sound is partnering with University of Washington-Tacoma for a series of workshops and lectures. Three educational workshops will be held at the University of Washington-Tacoma, but the final keynote address, entitled "Your Voice has Power," will be held at 7 p.m. in the Wheelock Student Center Rotunda. For the events held at UW-Tacoma, transportation will be provided.

The annual "Take Back the Night" march will be held on campus on April 10 from 7-8:30 p.m. Cady explained that the march is "meant to be a march and a rally cry for people to feel less afraid of the night." According to the Take Back the Night Foundation, the march started as a protest against the sexual violence and general violence perpetrated against women. Since its inception in the 1970s, the march has become much more intersectional. It has acknowledged violence perpetrated against young boys and has worked on including the voices of all genders. The movement works to deconstruct the common narrative that sexual assault is an issue for only cisgender, heterosexual women.

April presents many opportunities for members of campus and the community to engage in conversations about sexual violence and assault. As Cady puts it: "in order for us to end sexual violence, we actually have to talk about it."

‘To Vegan or not to Vegan?’: Student Bioethics Club lecture informs about veganism

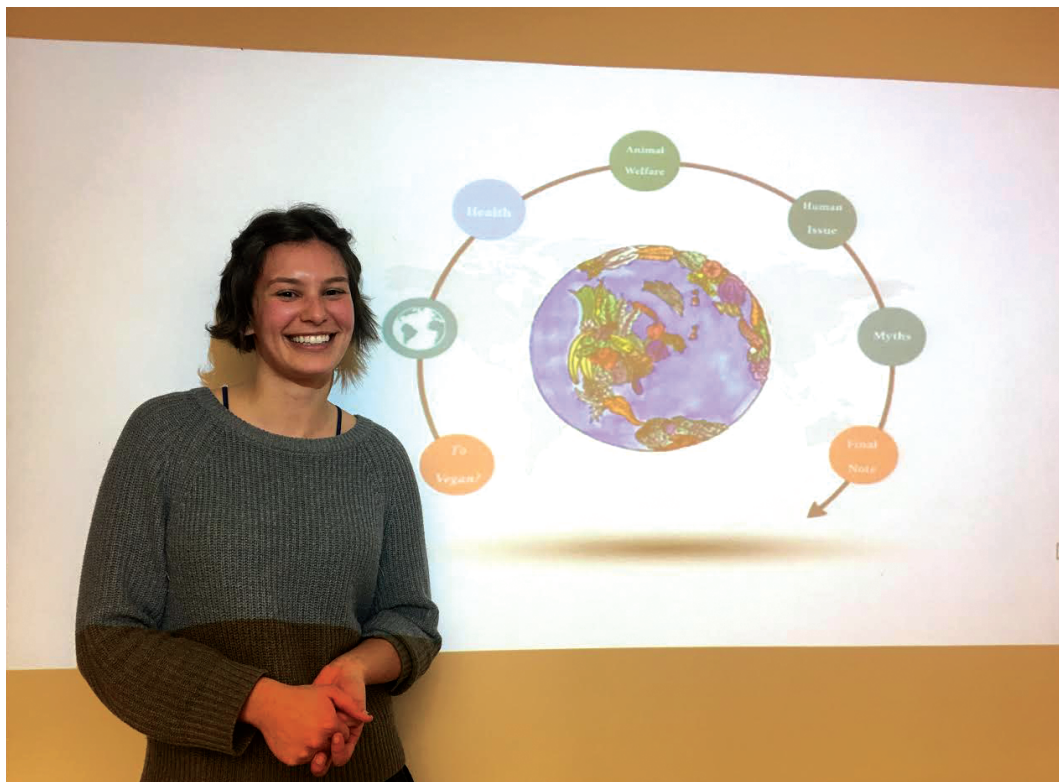
By Nayla Lee

Like the “Hamlet” line that the title alludes to, Aedin Wright’s lecture on the ethics of veganism dealt with issues of life and death. Unlike the famous soliloquy, however, this installment of the Bioethics Club’s lecture series focused on ideas and research regarding animal welfare, environmental sustainability and human health. The speaker, senior and chemistry major Aedin Wright, has been vegan for nearly a year, and shared her take on many relevant issues at 7 p.m. on Wednesday, March 21.

The Thompson classroom in which the talk was held was full of students, staff and community members ready to learn more about the benefits and concerns of a plant-based diet. Once a very niche issue, veganism is now a popular lifestyle choice. Especially on a campus like the University of Puget Sound, most students have vegan classmates and friends. For those who choose that lifestyle, it’s often a very visible decision, both on their plates and in other spheres of their lives.

Wright’s talk began with tips for anyone who is engaging in a critical conversation on veganism, regardless of their opinions on the subject. Her first piece of advice is to keep in mind that food is a big deal. People have all sorts of relationships with food, eating and their bodies, and it is crucial to keep this in mind in order to have a productive interaction. One emotion that she warned people to keep an eye out for is defensiveness, especially their own. Letting it cloud your judgement can lead to people making points or arguments that are personal and ineffective.

This is not to suggest leaving personal experiences out of discussions of veganism



Aedin Wright poses in front of her presentation on veganism.

entirely; rather, she framed it as an invitation for audience members to remain aware of the dynamics and intentions of a conversation.

Although people go vegan for countless reasons, three are popularly cited: personal health, the environment and animals. Wright covered all three of these and more in her discussion of the data during the presentation. Wright presented information on the environmental impact of the meat and dairy industries, including their enormous land and water requirements, emissions and waste production. Not only do animals that are being bred for meat products need space

to graze, sleep and be slaughtered, but they also require tons of food, literally.

According to the Midwest Dairy Association, a dairy cow eats about 100 pounds of feed per day, or 18.25 tons per year. Feed is often a combination of soybeans, hay, vitamins, minerals, grains and other items formulated by animal nutritionists. In addition to the land, the food and water that farm animals interact with directly often contain byproducts of the industry like pesticides.

The lecture also covered inhumane treatment of the animals and humans by animal product-driven industries. In

addition to some myth-busting about words like “free-range” and “cage-free” (practically meaningless terms that have minimal relevance to quality of life and death for the animals involved), the conversation turned to the high turnover of industry employees and the lobbying that has kept animal products part of what Americans consider a healthy diet.

Many vegans are familiar with such statistics, but Wright’s talk managed to include elements that advised even the most seasoned herbivores. She respectfully and professionally challenged hyperbolic comparisons that vegans make between animal consumption and other common social issues. For example, she deemed it inappropriate to liken speciesism to racism and slavery, or the perpetual artificial insemination of cows to rape culture. She noted that it would be especially inappropriate for a non-member of an oppressed or minoritized group to make this comparison to someone who has experienced these situations firsthand.

Wright ended the lecture on the topic of misconceptions about veganism — mainly that it is reserved for affluent white people and that it is not nutritionally balanced. Erasure of non-white vegans is common and harmful. The presentation featured images and descriptions of activists including vegan Olympic weightlifter Kendrick Farris, who shares personal advice on maintaining a nutritionally-balanced vegan diet during training. Wright’s final slide before a question-and-answer session was a call to action, an invitation for vegans and non-vegans alike to stay engaged.

Son of Holocaust survivor shares mother’s story

By Kylie Gurewitz

Matthew Erlich’s March 26 guest lecture captured the experience of one survivor of the Holocaust: his mother Felicia. A member of the Speakers Bureau of the Holocaust Center for Humanity, Erlich was a guest lecturer for the German 305 class titled Culture in the Third Reich. Erlich’s lecture provided a realistic understanding of the Holocaust, informed by both personal experience and historical fact-checking. “My mother, upon seeing ‘Schindler’s List,’ laughed, because to her that was nothing like what it was like,” Erlich said, in only one of many anecdotes that brought a new perspective to many listeners.

Born in Poland in 1923, Felicia Lewkowicz grew up in a Jewish family with her two parents, six siblings and nanny Helcha. Erlich emphasized that the nanny was commonplace in the family for this society, and did not imply wealth. Helcha was with the Lewkowicz family for 25 years; she was a Polish-speaking Christian, and as a result, the family spoke Polish and celebrated Christian holidays alongside Jewish holidays.

Erlich projected a photo of the family when Lewkowicz was about 13 years old, with her parents and Helcha. He then projected the same photo, altered to black out everyone but Lewkowicz, stating, “This is what the Holocaust did to me and my family. Of everyone in that photo, the only one to survive is Felicia. Everyone else dies; whether they die when the Krakow ghetto is liquidated, whether they die in a work camp, whether they die in Auschwitz, we don’t know, but the answer is the same: they die.”

In 1938, Jews living in Poland, including Lewkowicz’s family, were moved into ghettos. Erlich described the horrible conditions of these ghettos, telling one of Lewkowicz’s recollections of constantly washing clothing in attempt to get rid of widespread lice. Lewkowicz was able to work a job outside of the ghetto, and this is how she was able to flee to Austria. One of many unlikely escapes,

Lewkowicz was actually hidden by Nazi soldiers on the train to Austria, to disguise both her identity and lack of a ticket.

In Vienna, Lewkowicz worked at a hotel, using a fake identity. Her experience growing up with Helcha allowed her to pass as a Christian. Lewkowicz’s boyfriend from Krakow came to visit her at this time, and was arrested. Authorities then found a photo of Lewkowicz, and so she was forced to flee the hotel. She was about 18 at this point, and despite homelessness, she made an effort to blend in with the crowd for her own safety. Eventually, she was taken in by a wealthy family, and found work at another hotel. It was at this point that she was found and arrested by the German authorities, who took her to Auschwitz, around late August of 1944.

Erlich showed video clips of Lewkowicz as an older woman discussing her experience in Auschwitz. “You can’t really give the proper background or proper description of how it was, because the stench alone, I mean how could you put a stench on a film?” she said in one clip. Upon arrival to the camp, everyone was sorted into those who would go to the gas chambers, and those who would work the camp. Lewkowicz was not sent to the gas chamber, but vividly remembered the effects of it: “Felicia recalls the ash just being everywhere all the time.” She was able to avoid the gas chamber because she was deemed useful for her blood: “They took her blood to drain her, because, of course Nazi Germany is at war. ... It’s ironic, I should say, that the Nazi soldiers had all this level of purity, and the Jewish blood was helping them recover from their injuries,” Erlich said. In another narrow escape, a nurse decided to help Lewkowicz by changing her blood type on the documents so that she couldn’t be drained.

Lewkowicz was then put on transport to another concentration camp in Bergen-Belsen in October of 1944.

While the conditions were initially better in Bergen-Belsen than in Auschwitz, the pressure of the war motivated the Germans to relocate tens of thousands of Jews, worsening the conditions dramatically. Lewkowicz survived off of stolen food but still suffered an extreme lack of nutrients, which led to scurvy and eventually typhus.

The British liberated Bergen-Belsen on April 15, 1945, and offered treats and candy to the newly liberated Jews. This kind of food, however, leads to almost an instant death for people in such a state of malnourishment, whom Erlich referred to as “living skeletons.” He explained that the remaining survivors had about a 50 percent chance of living through the liberation. Lewkowicz was one of the half who did survive.

Lewkowicz then went to a displaced persons camp, where her linguistic prowess allowed her to assist the British in translation. It was at this point that she met Arthur Erlich, a British soldier, who informed her that her oldest sister Lola had survived and was living in Paris. Lewkowicz hitchhiked her way to Paris, found Lola, and became a student. After a few years, she married Arthur Erlich, and they moved to the United States, where they started their family. Over the course of her life, Lewkowicz’s experience in the Holocaust led to PTSD and depression. Erlich emphasized, however, that his mother’s worldview shaped his perspective in many beneficial ways, teaching him the importance of standing up for others.

After hearing this story, the students of German 305 demonstrated their engagement with the topic, asking questions about details of Lewkowicz’s story, the balance between memorializing and idealizing the Holocaust, Lewkowicz’s experience revisiting Auschwitz, and the Erlich family’s practice of Judaism. Erlich’s lecture brought an engaging and informative perspective to campus, and especially to the students of Culture in the Third Reich.

Women's soccer working to reach pinnacle in coming season

By Zachary Fletcher

The spring season is no time for time off for the Puget Sound women's soccer program, as Coach Joe Vari and the team continue to strive towards greatness both off the field and the normal season of play.

For the women's soccer team, the 2017 season ended with a second-place finish in the Northwest Conference and an overall record of 11-3-2, according to Logger Athletics. October was an undefeated month last season for the Loggers, notching eight wins and only one tie. Coach Joe Vari spoke highly of the team and their success last year on the field.

"We really hit a great stride in October, going undefeated and playing really well. We were solid defensively and the team really understood the system that we were working on," Vari said.

Junior Jamie Lange (Lake Tapps, Washington) also commented on the success the team had this past season both on and off the field.

"Last year I felt like we grew as a team in more than just soccer culture. We were able to openly talk about having a growth mindset and being able to hold each other accountable, which is really important for successful teams to stay competitive and not get comfortable where they're at," Lange said.

In their last 10 match-ups of the season, the Loggers had eight wins with a single tie and loss (8-1-1). The team also took down the eventual Northwest Conference champions, Pacific Lutheran, during the win streak in October by a score of 1-0.

Individual accolades were also not lacking in the team's run last season. Junior Jamie Lange won Northwest Conference Player of the Year, while also being named with senior Emily Prasil and sophomore Tayla MacPherson to the all-NWC first team, according to Logger Athletics. The three players were also named to the United Soccer Coaches All-Region team, with Prasil earning a spot on the United Soccer Coaches Scholar All-West region honor list.

When asked about these honors, Lange talked about the importance of individual recognition within the entire program.

"I think it is great for our program as a whole because it shows that we are more than just a couple good people, and that those honors were because our teammates made us look good," Lange said. "I know for me, it's a heck of a lot easier to stop goals having a really strong and talented defense in front of me," she added.

By the end of the season, the team scored 30 goals spread out across eight different players, according to Logger Athletics. The on-field play by the women's soccer showed that the team is constantly improving, and that work also involves intensive off-season work during the spring months.

"The group has been working with our new strength and conditioning coach, also with Coach T, and we have augmented our off-season condition and lifting programs," Vari said. "I'm looking forward to see how it is going to pay off," he added.

Leadership is important during both the season and in the offseason, and spring captains have a important role to play in the team's spring work.

"The group has been really organized on their own. Our spring captains have done well with leading the group in the offseason," Vari said.

"I am preparing by keeping myself in shape and keeping my foot on the ball," Lange said. "It's easy to just hit the weight room during the summer and forget to incorporate the ball into workouts, so I am making sure that I'm staying fit, getting in the weight room, but also training with a team to stay in soccer she too!" she added.

Looking ahead to next season, there's a mix of fresh and familiar surrounding the team with regards to seniors and incoming first-year players.

"We graduate four this May, and all four of them did a great job for us. With that being said, the majority of our group is coming back next year along with the bulk of our

all-conference vote-getters," Vari said.

The season after, however, has more people leaving the team, so this year's squad looks to continue the work from last season right where they left off.

"We will graduate 12 next year, so we will have a nice mix of experience along with youth. Our hope is that when we arrive in August, we only need to do a quick refresher and the group will be back to understanding our system," Vari said. "I'm looking forward to the group that we return and the group that will be joining us in August," he added.

Coach Vari still sees room for improvement in an already talented and successful group of players.

"We certainly can always improve on our goal production and ability to create chances," Vari said. "We want to continue to evolve our group in their understanding as soccer players and to help them get a stronger understanding of our offense," he added.

Lange kept it straightforward with her improvements: "Fitness, first touch, finishing, communication on the field."

Mistakes were also on Vari's mind when reflecting on this past year: "We also hope to find a way to limit our mistakes, which hurt us in the early part of the 2018 season."

Expectations are high for next year, with hopes of a NWC title within reach for the team in these past two seasons.

"Every year our expectation is to compete for the NWC title. We've only been one game away the last two years, but we've gotten stronger in each of those seasons," Vari said. "Our goal is to get stronger each week and to focus on the things that we can control."

Lange added a similar sentiment: "We are aiming for the top. I have no doubt in my mind we can go further into the tournament with all of our returning talent and our newcomers too. Everyone is starting to step up and I can't wait to see where it goes!"

Grzadzielewski honored in return to Puget Sound By Eli Thomas

"It shouldn't strain you to guess the nickname of Lou Grzadzielewski, College of Puget Sound football co-captain. The boys call him 'Alphabet.'"

In 1953, Jack Hewins wrote this for the Ellensburg Sun, now serving as a glimpse into the storied career of Logger football player Louis Grzadzielewski '54. This past Monday, March 26, players of past and present came together to honor Grzadzielewski in an event organized by

Family, friends and players past and present gathered at Baker stadium at 1 p.m. Current head coach Jeff Thomas and Grzadzielewski met for photographs and to discuss Puget Sound football past and present. Following the meeting, Grzadzielewski was led on a tour of the new sports facilities encompassed by the fieldhouse. Attendees then gathered near the pool, giving Grzadzielewski an opportunity to speak, and opportunity for continued conversation.

the simple statement, "It certainly an honor for me to have you people here ... just thanks to everybody."

Looking back, students of the past and their accomplishments can seem distant. Grzadzielewski provided an example of what this University can mean to an individual, and the ability for students past and present to gather and honor a distinguished public servant remarks on what we can all hope for when we reach Grzadzielewski's



Grzadzielewski '54 right, posing in front of Todd Hall with Sandy De Carteret '59 left, Dr. Raymond Cook '07 center left, and Dr. A. George Nace '07. The photo on the right shows the recreation of the original with Grzadzielewski on the far right.

his son Andy.

Grzadzielewski, who currently resides in Olympia, visited campus a last time before relocating to his home state of Wisconsin to be closer to his son. Grzadzielewski played under one of Puget Sound's most successful coaches, Professor John Heinrich, who coached both basketball and football at the University, with a combined record of 89 wins and 46 losses.



PHOTO CREDITS TO: BRIAN THRELKELD

Grzadzielewski credited the University for his success in life: "I

could thank the University here because it helped me go places and do things."

Grzadzielewski's prolific athletic career is perhaps overshadowed by his dedication to public service. Grzadzielewski came to the University after serving in the military, and he would later go on to work in education, serving as a principal and superintendent.

Grzadzielewski finished a touching set of remarks with

age. There exists a certain continuity, something inscrutable about our attendance at this University that binds us together; one's experiences exist in more than a vacuum, but a community.

The touching afternoon finished at Joseppi's Ristorante, owned by Joe Stortini '55, giving a proper farewell to Mr. Grzadzielewski, all offering best wishes for his next chapter in Wisconsin.

Sports Recaps

By Tayla MacPherson

BASEBALL

On Tuesday, March 24, the men’s baseball team competed against Lewis & Clark. Junior Jack Gries and sophomore Hunter Riley both hit doubles, whereas junior Nick Ultsch hit two doubles. In the last inning the team was down 10-6. The team was able to get the bases loaded with no outs yet was not able to capitalize on their opportunity and defeat the Pioneers. The final score was 10-7. The Loggers played a three-game series at home this weekend, March 30–31, against Whitman College. The squad lost the first two games on Friday 8-5 and 9-7, close in scoring and in play. On Saturday, Puget Sound wiped out the Blues 7-2. Junior Connor Dunn and sophomore Rica Barraza both hit doubles helping the Loggers on the hitting side.

SOFTBALL

The Loggers played a four-game series at home against George Fox this past weekend, March 30–31. George Fox is ranked first in the NWC and 11th in the nation according to the NFCA Coaches. The first and the third game the Loggers were unable to score any runs, losing 10-0 and 9-0. However, the second game on March 30 was a low-scoring game, and the Loggers lost 2-1, despite strong defense. In the last game, George Fox defeated the Loggers 9-1.

CREW

On March 31 the men’s and women’s crew teams competed in the Husky Open in Seattle, Washington. The men and women rowers competed in a total of four races in the Montlake Cut in Seattle. The Loggers’ W3V8 boat beat a boat from University of Portland, achieving first place medals. The WV8 placed second after University of Portland and before Seattle University. Additionally, the W2V8 boat placed second. Finally, the Puget Sound men placed third with their MV8 boat.

LACROSSE

The Loggers hosted their first home game of the season against Whitman College. The Whitman Blues scored first but the Loggers quickly came back and tied it up with a goal from senior Ella Frazer. The squad came out strong but couldn’t hold their defense, allowing the Blues to score 18 goals. Junior Ali Walker scored two goals right before half, along with first-year student Deryn Gersoff. The final scores of the game was 18-5, Loggers losing.

TRACK AND FIELD

On March 31 the Loggers hosted their last home meet, Shotwell Invitational. Senior Alison Wise won the 800-m run and first-year Samantha Scaffer earned second in the 5,000-m run. In the 1,500-m run, first-year student Rachael Mettler placed fourth and senior Terra Wildon placed fifth. For the men, junior Matt Wells won the 110-m hurdles, junior Liam Monaghan earned third in the 5,000-m and first-year student Brandin Porter placed second in the discus. Overall the women’s team placed fifth out of 14 teams and the men placed sixth out of 12 teams.

Let’s lead off with the biggest storyline from the Final Four weekend: Notre Dame winning the NCAA Women’s Basketball Championship. One of the disappointing parts of the tournament is that it seems to calm down as we approach the championship. That didn’t happen this year in the women’s tournament.

While the men’s tournament saw a 16-seed over a 1, the women’s tournament saw all four 1-seeds make the final four. While the men’s side saw pretty decisive victories in both semi-finals, the women’s side saw madness.

Let’s talk about the madness. And let’s talk about Arike Ogunbowale. The Notre Dame junior guard had the weekend of a lifetime. On Friday, Notre Dame went up against the University of Connecticut, the most dominant dynasty in sports since at least Wooden’s UCLA, and maybe since ever. UConn was undefeated during the regular season, and, up until their loss to Mississippi State in last year’s final four, had won 111 straight games and four straight NCAA championships. That’s a record of 147-1 since the beginning of the streak. Ogunbowale cared not.

After UConn came back from five points down with 21

Crew speeding past opponents this season

By Gabi Marrese

“We work to make boats go fast because we think fast is fun,” head coach Aaron Benson said.

Crew’s spring season opened on March 10 during the Pacific Lutheran Invitational on American Lake. The women’s team had five first-place finishes with both varsity-eight boats beat Seattle Pacific. Women’s varsity-eight boat three won against crosstown rivals Pacific Lutheran to close out the day. This led to the team receiving their first Northwest Conference Crew of the week on March 13.

“Our rowing squad had to make a conscious decision from last season to put in the time and effort not only in season, but out of season to become stronger and more fit. Everyone on our team this year has put in hours, weeks and months of hard work to get us where we are today,” senior Lilly Herman (St. Louis, Missouri) said. “We have a truly amazing group of women that push and train for each other. It is never one woman for themselves. It is a collective unit that powers the success of the team.”

The annual Meyer/Lamberth Cup, a head-to-head race against Pacific Lutheran, was the next regatta of the season on March 24. The men’s first Meyer Cup regatta started in 1964 and the women’s Lamberth Cup joined in 1977 and is a well-respected tradition for the crews. This event is also for the alumni to come back and spend time on the water again.

“We train every day on the same lake, and even use the same boathouse. We respect

each other, we support each other, and we fiercely try to beat each other. As I’ve said many times before with respect to Lutes Rowing and Logger Crew, both programs are at their best when both programs are at their best,” Benson said.

“The women from PLU have been really fast the past few years, and we need to give them

to earn our victories,” Herman said.

The men’s novice four finished nearly 14 seconds ahead of the Lutes, which helped tally points to regain the award. This year’s victory of the Meyer Cup marked a six-year streak for the men’s crew. Even though there are not many schools in the conference that

getting faster) while reassuring ourselves that the resulting speed benefits everyone and not just the individual who succeeds,” sophomore Hannah Caruso (Sebastopol, California) said.

“Building that trust and making it a core aspect of our team culture has made all the difference. I trust my teammates to pull hard and likewise owe it to them to bring my A-game to every single practice. They’ve earned their seats and it’s up to me every day to prove to them that I’ve earned mine with them.”

Last weekend, the crew traveled to University of Washington to race in the Husky Open. The women’s varsity-eight boat three beat the University of Portland to receive medals. Women’s varsity-eight finished two seconds behind University of Portland in their race. For the men, the varsity-eight finished third, 16 seconds behind Washington State University.

“Looking forward to the rest of the season, we are definitely excited to square up with PLU again for Conference, as well as traveling to Sacramento, CA for WIRA Championships! Mostly I’m excited to see how fast we can move boats this season and redefine the standard for the team in the years to come,” Caruso said.

The next race for the crew is the Covered Bridge Regatta on Saturday, April 7. The Loggers will be hosting the Northwest Conference Championship this year at Harry Todd Park on Sunday, April 22. The races begin at 8:15 a.m., so come enjoy the outdoors and cheer on your fellow Loggers!



PHOTO COURTESY OF LOGGER ATHLETICS

a lot of credit for compelling us to step up our game. I told our squad after racing ended this weekend to remember that we wouldn’t be us if we didn’t have them.”

Last year the Loggers left with the Al Lawrence All-Points Award, the combination of the men’s and women’s points, and the men’s Meyer Cup. The women were in the hunt to regain the Lamberth Cup. This year they came ready as they won the Al Lawrence All-Points Award again and both the Meyer Cup and Lamberth Cup.

“Winning against PLU showed our team that our hard work is paying off. Nothing is going to be handed to us so we are putting in hard work

have men’s rowing, the men will still race at the conference championships.

“There are lower numbers, but it’s turning into a solid season regardless. We feel that we can be competitive in the men’s varsity eight and men’s novice four events this year, with a particular focus on performing well at the Covered Bridge Regatta in Eugene and the WIRA Championships in Sacramento,” Benson said.

The sweep of Lutes in the Meyer/Lamberth Cup gave the women’s varsity eight their second Northwest Conference Crew of the Week recognition.

“We wanted to hit the ground running and encourage healthy competition amongst ourselves (with the purpose of

Notre Dame and Villanova triumph in March Madness

By Kevin White

seconds left, the semifinal went to overtime. It was a back-and-forth affair, and UConn mounted another five-point comeback. Ogunbowale was apparently finished, hitting a long two-pointer with a second left to defeat the evil empire.

Then came the national championship game. Notre Dame was down 13 at halftime, and down 5 with just over a minute and half left. After tying the game, Notre Dame had the ball with three seconds left. Once again, Ogunbowale got the shot, and hit a hotly-contested three-pointer at the buzzer to give Notre Dame the championship.

Ogunbowale hit two game-winning shots, beat two of the

players don’t love the game is not great, but it’s also kind of ridiculous to suggest that college players don’t want money to play. I’m very much sure they do.

In the other semi-final, Villanova beat Kansas, hitting a NCAA tournament record 18 threes. That’s incredible and terrifying, and a concrete example of the NCAA beginning to copy the NBA’s three-point infatuation. Trae Young, Oklahoma’s sharp-shooting guard, was used as an example of Steph Curry’s impact on young players. Villanova should then be seen as an example of the impact of the Golden State Warriors or Houston Rockets on college basketball.

In the finals, Villanova started slow (1 of 9 from three), but then Donte DiVincenzo entered the game. DiVincenzo scored 31 points, a game high, on 10 of 15 shooting. Villanova then blew by Michigan on their way to their second title in three seasons. Michigan was on a double-digit win streak, but the highest seed they played in the tournament (until the finals) was 6-seeded Houston, who Michigan needed a buzzer beater

to beat. This Villanova team enters rarified air as the first team to win two title in three seasons since the University of Florida went back to back in 2006-2007. Villanova has been referenced as a dynasty, which makes sense, as the bar for a dynasty should be lowered in a sport with so much competition and so much randomness.

The men’s tournament saw the birth of a dynasty. The women’s tournament saw the birth of a legend. I can’t wait until next March.



PHOTOS COURTESY OF WIKIMEDIA COMMONS

best teams in the nation, all within two days. It was as cold-blooded as I have ever seen.

In the men’s tournament, the semi-finals were not as exciting. Michigan ended up suffocating Loyola Chicago, ending the Ramblers’ tournament run. Sister Jean left early, to the glee of a lot of people who apparently hate nuns. To be fair, Sister Jean did claim that the NCAA was better than the NBA because the students played for the love of the game, as opposed to money. Implying that the NBA

Combat Zone is *The Trail's* satire section.

*The Combat Zone is intended to be a **satirical** work. The views and opinions expressed by the Combat Zone do not necessarily reflect those of The Puget Sound Trail, ASUPS, concerned parties or the University of Puget Sound. Please submit compliments or complaints in the form of letters to the editor.*

CHWS answers call for more psychiatric services with two new fidget spinners in waiting room

By Bean McQueen

Responding to claims that the psychiatric services available to University of Puget Sound students are inadequate, this semester Counseling Health and Wellness Services (CHWS) has added two new fidget spinners to its waiting area.

“This has been a long time coming. There’s a high demand for mental health services on this and all college campuses, and for a long time CHWS hasn’t been properly equipped to meet those demands — until now. We’re really glad to welcome these wonderful fidget spinners to the CHWS team,” Marjorie Maglesnaps, Director of Psychiatric Services, said.

For years, CHWS has had to turn students seeking regular counseling away, saying that all appointment times were booked up due to a deficit of staff and space. The addition of the two fidget spinners marks a fresh initiative by CHWS and the University to recognize student mental health as a serious priority by allocating significant resources towards this issue.

“This is a huge relief for me. Before, I felt like I had no hope and that there was no one who could help me, but now I sit in the CHWS waiting room and play with a fidget spinner for 25 minutes every two weeks and I’m fine,” student Yaws Yamerhammer, who previously had no access to mental health services, said.

The Flail spoke with Humphry Hazelstone, a student who has already made use of and benefited from the fidget spinners, to learn more about them.

“Oh, they’re really great, they are just amazing,” Hazelstone said. “They’re well-made, they’re colorful, they’re four-ounce hunks of plastic which my sanity relies upon — and one of them is orange!”

The response from the community has been overwhelmingly positive. According to a study conducted by the Puget Sound Psychology Department, in the weeks since the fidget spinners were added to a basket of small toys on a side table in the CHWS waiting room, students have reported 10 percent less anxiety and 15 percent less depression. In recent weeks, 85 percent of students polled said they felt they had the resources they needed to combat their psychological problems, compared to only 52 percent before the introduction of the fidget spinners.

The existing CHWS staff has mostly welcomed the new fidget spinners, although one resident therapist, Jenina Chellsbellsly, thought they were an unnecessary addition and drain of limited funds.

“I think it’s irresponsible to cave to uninformed complaints that CHWS isn’t meeting campus health needs, especially with an investment as large as these fidget spinners. Fidget spinners, plural. Two fidget spinners. It’s excessive. The problem is that students



PHOTO COURTESY OF PIXABAY

don’t understand and take advantage of all the mental health services available to them. For example: we have, and have had for years, a little plastic box that you have to tilt to get a metal ball through a maze. But does any student ever use it? No. They just complain that they’re depressed,” Chellsbellsly said.

Despite the odd voice of dissent, director Maglesnaps says that the fidget spinners are just the beginning.

“Oh, yes. We’ve heard students’ cries for greater mental health resources, and we intend to answer with some major changes. Next fall, we’re going to add a little wooden box that seems like you can open it but is actually glued shut. It’s an impossible puzzle. And that’s just one of many amazing changes coming to meet students’ needs,” Maglesnaps said.

At press time, the fidget spinners were no longer available for general use because the waiting room had become too crowded.

The 10 people you see at a protest

By Lee L. Benbow



PHOTO COURTESY OF FLICKR

1. The guy with a petition for another cause

This guy is a regular at every protest. Armed with a clipboard and a lack of social skills he’ll meander through the crowds without ease, but with determination. You won’t know his issue or want to sign your name, but a friend might concede to his intense eye contact and write down a fake email.

2. A white woman with dreadlocks

If you make the mistake of talking to this woman, you are guaranteed to hear about the benefits of essential oils. If you get to know her you’ll find that her hair choice isn’t the strangest thing about her, but rather that she has reached

financial stability from suing a baseball team.

3. Confused people who don’t know what this is for

They are trying their best to find out what is happening, but the signs probably aren’t doing a great job. If you ask them what this is about, they will probably mutter something incoherent about the climate and Trump until they’ve said too much and it’s clear they don’t know. Some were dragged here with a larger group, some thought this was a parade or festival of sorts. Regardless they are very confused.

4. The guy with a dog

This guy thought he was real slick bringing his dog to the protest, until the dog was pulling on the leash, barking at the wrong times and going to the bathroom. He made a big mistake and probably won’t make it again.

5. The guy with “feminist” in his Bumble bio

If you glance at this guy for too long he will mansplain Reaganomics to you — be careful.

6. Children who don’t know what is happening, but are carrying a sign

Some kids might have made up their mind on this issue at a young age, but most are still on the fence. Their parents on the other hand are steadfast in their beliefs and taking as many pictures as possible for their mommy blog. Their

sign might be super funny, or a tad scandalous, but they can’t read so it’s lost on them. Some people are really proud that they are being activists at such a young age, but others shame their parents for bringing them.

7. A group with matching shirts

You can tell that everyone in this group really believes in this cause. Why else would they ask for everyone’s t-shirt size, put in a custom ink order, and proudly wear the same shirt as 3–19 other people? The confused people should ask these guys what is up, because they obviously know.

8. A well-intentioned but misguided white woman

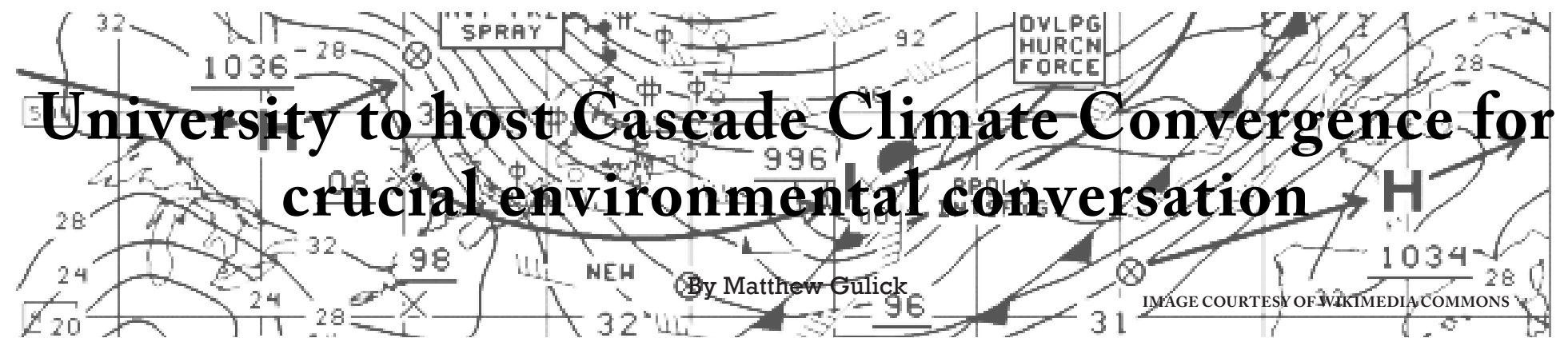
Her sign might be really white feminist, or she might recycle something that should be thrown away. You never know what you’ll get with this gal; sometimes you won’t even know you are talking to her until she blurts out something that reminds you exactly who she is: the worst.

9. A millennial

There will probably be more than one, they will probably be killing any sector of the economy and they will Instagram a really rad picture from the protest with a quote as the caption.

10. The old guy who is “really proud of your generation”

He’s there and protesting, but he’s also spending most of his time complimenting the millennials on how they are making a difference at such a young age and are role models. It’s great and all, but the millennials don’t need their egos to grow any more so this old guy should stick to protesting silently.



This weekend Puget Sound hosts the Cascade Climate Convergence (CCN), a bi-annual meeting of college environmental clubs across the Pacific Northwest. With speakers from accomplished organizations on both coasts, the spring '18 convergence provides an unique learning opportunity for people beyond the typical die-hard eco-activists.

On April 6–8, students from Lewis & Clark, Reed College, Western Washington University, Evergreen State College and Whitman College will converge here in Tacoma to hone their skills as activists. Each school will present on some aspect of the topic. For example, representatives from Western Washington will lead a session on Art & Activism, after which attendees will construct their own sculptures.

Keynote speakers include Victoria Fernandez with the Sunrise Movement. According to their mission statement, Sunrise is a group seeking to “build an army of young people to make climate change an urgent priority across America, end the corrupting influence of fossil fuel executives on our politics, and elect leaders who stand up for the health and wellbeing of all people.”

Fernandez serves as the lead online organizer of the group and will be delivering a talk on messaging, on what she describes as “how to tell the story

of your campaign effectively.”

Sunrise is headquartered on the east coast, in Massachusetts. Fernandez is flying out to Washington for the conference, an opportunity for coastal connection exemplifying the spirit of exchange the CCN seeks to foster.

Morgan Michael from 350 Seattle will deliver another talk on effective non-violent direct action. 350.org is a global anti-fossil fuel movement seeking to build grassroots support for change.

The Seattle division mission statement reads: “350 Seattle works toward climate justice by organizing people to make deep system change: resisting fossil fuels; building momentum for healthy alternatives; and fostering resilient, just, and welcoming communities.”

Michael’s talk will deal with effective non-violent direct action. As a local representative of a global organization, Michael’s presence continues a conversation between Puget Sound environmentalists and other schools in the Pacific Northwest, expanding it to a far wider scope.

Casey Finkenbine ’20 served as this year’s CCN coordinator.

“My job is to facilitate communication between all the different active members of the group helping to organize this. I coordinate events and finalize the schedule. My job is basically to light

a fire under people to get these things done. It’s mainly a lot of texting, but it’s worth it,” Finkenbine said.

“I’m not the best activist, but I do know that activism consists in a large part of effective communication. If it didn’t it would be easy, and if it were as easy we wouldn’t be in the current political situation we are today.”

I asked Finkenbine why he volunteered to coordinate the spring 2018 convergence.

“It feels like a retreat where I get to escape my work and responsibilities,” he said. “It’s a place where I get to be around a group of like-minded people talking about shared interests and passions.”

That space is crucial for building energy and making connections.

“It’s a huge learning experience with everyone involved. People always come back full of ideas. It also allows us to create a network of people doing similar things across the PNW which helps all of us in our divestment campaigns.”

Speaking of divestment, I asked Finkenbine how ECO club is doing with that effort. He explained in language more tactful than mine that the administration is still dragging its feet and attempting to appeal to all sides, maintaining the best possible public image in order to keep the donations flowing. The board fears that

full divestment would disincentivize potential donors afraid of a green portfolio. As it stands the school still has an unpublicized fossil-fuel-free fund languishing in obscurity, though ECO club aims to get the word out and change that. In any case, Finkenbine noted that Reed College recently divested and expressed his hope that they would be able to help Puget Sound do the same.

The previous two convergences actually took place at Reed College. They focused on natural disasters and the intersection of racial and environmental justice. Before that (Fall 2016) the event was at Puget Sound and occurred during the height of the #NoDAPL conflict. Attendees recounted firsthand experience at the Standing Rock camp.

Registration has closed for the CCN. Fortunately students can still attend the sessions, they just can’t eat the food, which is for paying attendees only. This free conference right here on our campus leaves no excuses for anyone from seasoned picket veterans or the activism-curious not to learn new techniques for political change.

For more information visit cascadecclimate.org or email Casey Finkenbine at cfinkenbine@pugetsound.edu.

Death and student directors in Senior Theatre Festival

By Brynn Svenningsen

“It’s a play that follows a couple as they cope with the death of their 4-year-old son, and ultimately the death of how their marriage used to be. It’s all about moving forward, coping with the loss of love and developing a new future when your past has been shattered,” senior theater major Mariah Prinster said of “Rabbit Hole.”

Prinster will direct a production of “Rabbit Hole” by writer David Lindsay, in the upcoming Senior Theatre Festival (STF). The production will be completely student-run and performed. First-year Frankie Gormley will take on the role of Jason, a senior in high school who is involved in a tragic automobile accident that leaves the young child dead. Seniors Hannah Monsour and Gabriel Vergez have the difficult roles of playing the parents to the deceased son. The play’s tragic and touching story will be portrayed on stage in what is sure to be an emotional performance for the festival.

STF gives senior theater majors a creative opportunity to complete their senior thesis. Instead of an essay or project, senior theater majors work with other students in the department to create or act their own play productions. After months of hard work by all of the seniors and of all those involved, the festival will be sharing four student-directed plays from March until the end of April.

“Every senior theater major has the option to choose what they would like to do for their thesis. Typically,

we spend a semester reading plays and choosing which one we want to work with. From there, everyone just slides into the spots that feel most ‘right.’ Four of us slid into director roles, and the remaining five decided to act for their thesis,” Prinster said.

The first play, which kicked off the festival on March 30 and 31, was “The Baltimore Waltz,” written by Paula Vogel. The play is a series of comic vignettes with a dark undertone. The vignettes showcase writer Vogel’s experiences while traveling in Europe with her brother. While Vogel’s characters search for the cure for her terminal illness, the fictitious ADT (Acquired Toilet Disease), she lives dangerously and follows lust as a main motive. With the addition of the elusive “third man character” the play wowed audiences and showed the talent of senior Alice Hudson’s direction.

On April 6 and 7 the play “Quake” by Melanie Marnich will be performed under the direction of senior Michelle Bank. The play follows the journey of Lucy as she searches across the country for the love of her life. Through many eccentric relationships she meets a female serial killer who interests her deeply.

“The play resonated with me because it opened up the idea to me that self-love is the most important love we can have, and we as a society invest so much energy into searching for romantic love. I loved the issues the play centers around, but in addition to that, the play

is funny, it’s heartbreaking, and it has all the elements of an amazing story,” Bank said.

In addition to students acting and directing, the sets, costumes and the dramaturgy in each of the four productions are student made. First-year Britta Baer-Simon has been working on costumes and set design for the play “Rabbit Hole.”

“It’s a great way for students to get involved in all aspects of the production. I am a theater major and often find myself acting on stage so being involved in the pre-production has been a great experience. I’ve learned a lot!” Baer-Simon said.

Baer-Simon and other costume and set designers involved used the campus scene shop to build the sets and the costume shop to build costumes for these productions.

“Mariah is extremely motivated and organized and her enthusiasm for the show has kept the whole team inspired. One of the best parts of theater is collaboration and STF is all about collaboration between students to produce an entire production on their own,” Baer-Simon said.

The festival gives an exciting opportunity for students to experience firsthand the creation of a production from start to finish. It also allows the seniors to have a huge amount of creative control which gives the festival a fresh and entertaining feel.

“I specifically wanted to chose a play that centered around a more female

perspective, and brought in more female voices than male voices — which is harder to find in a play than one would think — and having so many female voices in the rehearsal room/production meetings is refreshing. ... It’s wonderful to have an environment where no idea is a bad one, and where every idea is a possibility,” Prinster said on choosing “Rabbit Hole.”

The final play, “The Trestle At Pope Lick Creek,” is directed by senior Mattea Prison. The play focuses on a young woman and man who meet during the Great Depression when each has very limited prospects. Drama between the two on a train will lead to a dramatic ending of the festival.

Bank’s production of “Quake” will be the next play to open in the Norton Clapp Theater from April 6 to April 7. The following weekend, Prinster’s production of “Rabbit Hole” will run from April 13 to April 14. Lastly, Prison’s show “The Trestle At Pope Lick Creek” will end the festival on the weekend on April 20 to April 21.

For each production there will be a show at 7:30 p.m. on Friday and on Saturday. On Saturday there will also be an additional matinee show at 2 p.m. General admission tickets are \$8 while Puget Sound students, faculty, staff, senior citizens and military can purchase tickets for \$6. All the shows will take place in the Norton Clapp Theatre in Jones Hall.

KUPS In-Studio with Heavenly Bother:

A look at one of the station's live on air opportunities

By Parker Barry

On Wednesday, March 28, live on KUPS 90.1 FM the Sound, there was an in-studio performance by bands Heavenly Bother and Gal Pal. The event was held in the Rendezvous Room in Wheelock; on stage there were two black electric guitars, a bass, some synthesizers and a drum set. Gal Pal and Heavenly Bother were on a tour from California; this was their first experience playing on the radio. Both bands had an alluring quirkiness that meshed perfectly with hints of grunge.

Heavenly Bother opened the set with the song "Born to be a Painter." They used a drum machine and just stood up there slamming on their electric guitars. It really brought home the fact that bands don't need a ton of bells and whistles to sound beautiful and complex. Their garage-rock sound was definitely unique and worth a listen. You can look them up on Bandcamp!

The event was organized and hosted by Nayra Halajian, a sophomore at Puget Sound. She also organized the in-studio with Los Angeles-based band Sabrina Is Not In This Chat only four days later. Halajian introduced the bands and interviewed them after their performances. She casually sat with them on the edge of the stage and asked them about their musical inspirations, their background as a band and their friendship.

Heavenly Bother members Snelly

Bushnell, a former Puget Sound student, and Harmony Skye Reynolds are best friends from Santa Cruz, California.

"We met at a house show," Bushnell said.

"We exchanged numbers and went on a little skate date the next day and we have been best friends ever since,"

"We're just channeling the unity that is within all of us," Bushnell said, and added, "We're just coming into contact with the sacred or the divine."

In-Studios held by KUPS are meant to showcase bands on air and to bring the Puget Sound community together in a fun way that also supports the radio station.

around the room. Their style paired well with Heavenly Bother — grunge-punk with whispers of more mainstream pop.

"I think we need to bring more stuff like this to campus. It was great. Bushnell came to my house to play when Heavenly Bother was just starting out so it was super cool to seem them touring with Gal Pal, this really cool queer femme garage rock band. Just to see that is f--- metal," junior Ian Chandler said.

After the show Gal Pal talked about their experience being a queer femme band in Santa Cruz.

"There's such a normalized hierarchy in Santa Cruz. We have been playing there for over two years and we still aren't considered like a real local band. We're just picked out for certain shows for diversity — we are sort of a token band. Just, like, book us for normal shows as a normal band. But, at the same time it is fun to play with other queer femme bands because they are awesome," Gal Pal band member Romero said.



PHOTO CREDITS TO ANGELA LEVITAN

Photo pictures Heavenly Bother: Bushnell, left, and Reynolds, right.



Pictured: Halajian, Bushnell and Reynolds, left to right.

Reynolds said.

Bushnell and Reynolds live together in Santa Cruz. The band's main musical inspiration is Britpop bands like Girls At Their Best. Bushnell wore a black t-shirt with a tan cardigan; their hair was ombre and shoulder length. Reynolds had long brown hair with bangs and wore a quasi-punk schoolgirl outfit, featuring a plaid skirt and a black t-shirt with sparkles.

"Our process to writing music is not setting out to really do anything or subscribe to anything," Bushnell said.

"It has definitely been really different since we got the drum machine. Our whole style has changed," Reynolds said.

"At their core, the In-Studios serve as a way for KUPS to give attention to bands we think deserve it, and to (hopefully) bring some awareness to those bands," Cameron Fisher, a Puget Sound sophomore and loud rock music director for KUPS, said.

The second band that played was Gal Pal, consisting of three queer femmes, Emelia Austin, Nico Romero, and Shay Hahn. Romero and Hahn took turns playing drums and guitar, while Austin played synth and sang. It was really exciting to see an all-femme band perform live, something that feels rare in any music scene. They absolutely killed it with phantasmagoric screams and an aura of suaveness that radiated



Pictured: Austin of Gal Pal playing synthesizer and singing.

Theater department goes 'Into the Woods' for final main production

By Evan Welsh

We all know the stories "Little Red Riding Hood," "Jack and the Beanstalk," "Rapunzel" and "Cinderella." In "Into The Woods," a musical with book by James Lapine and music and lyrics by Stephen Sondheim, characters from all those classic fairy tales come together to create a story about wishes and what really happens once those wishes are granted.

The School of Music will perform "Into The Woods" as this year's Opera Theater production. Director Dawn Padula was looking for a piece that worked well to highlight members of the School of Music.

"We were looking for a show that is more crossover in nature, meaning it requires classically-trained in addition to musical-theatre voices, and is musically complex in a way that having vocal and musicianship training is beneficial. We

were looking for the right repertoire to showcase the vocal talent we currently have in the School of Music," Padula said.

The production came together quickly with hard work from the production staff and cast.

"We cast the show in early November, then the cast received their scripts prior to leaving for winter break. Once we came back for the spring semester, we had three weeks of music rehearsals and then started staging at the start of February. Opera Theater only meets for five hours a week, so we had to really get a good deal done quickly in our limited weekly rehearsal time," Padula said.

With this particular production, the Opera Theater in the School of Music was looking to really emphasize the talents of their large cast.

"We are putting on a primarily acoustic version of the show versus using

microphones for each of the performers," Padula said. Keeping this mostly-acoustic vocal focus in mind, the size of the orchestra has been reduced so as not to overpower the singers.

Even with this particular production's focus on the vocal performances, they have found some roles for those outside of the School of Music as well.

"We also are delighted to have several non-majors in our production — 'Into the Woods' offers so many roles, allowing for several students to participate and have the stage experience," Padula said.

Whether a musical fan or not, "Into The Woods" should be well worth your time.

"They can expect some really quality singing and actors — the singing is really something," Emily Laliotis, a senior double majoring in music and religion who plays the Baker's Wife, said.

The thematically-driven Sondheim score of "Into The Woods" takes audiences through an up-and-down story of the wishes of an assortment of familiar fairytale characters and their aftermaths.

"It takes the stories we already know, meshes them and twists them, takes you on a journey," Laliotis said.

"If you've only ever seen the movie you'll be surprised how much better the show is," Laliotis said. A film adaptation of the musical was released in 2014 with Meryl Streep and Emily Blunt.

"Into The Woods" opens tonight, April 6, at 7:30 p.m. in Schneebeck Concert Hall. It will have two more performances, one on April 7, again at 7:30 p.m., and on April 8 at 2 p.m.